



GOVERNOR'S ADVISORY COUNCIL ON AGING

Meeting Minutes

Committee/Group: AGING IN COMMUNITY COMMITTEE - (AICC)

Date: January 5, 2018

Time: 12:45 a.m. – 1:45 p.m.

Venue Address: Arizona State Capitol – Executive Tower
Third Floor Conference Room
1700 W. Washington Street
Phoenix, AZ 85007

GACA Members and Participants Present

GACA Members: Diane Joens (AICC Chair), Becky Brimhall, Deborah Hankerd, Lisa O'Neill, David Spelich, Steve Wagner, C.T. Wright; AICC: Linda Arters, Christine Bryson-Lazo, Michele Michaels, Karen Stegenga and Hannele Waissi

Guests Signed In

Courtney Allen

GACA Members Absent

George Evanoff, Bob Roth and Trudy Schuett

Presenter

Addison Diehl, DUET Volunteer

GACA Staff

Lizette Cordero and Cathy De Lisa

Welcome & introductions, review & approval of Sept. 8, 2017 Draft Minutes

AICC Chair, Diane Joens called the meeting to order at 12:48 p.m. Following a welcome and introductions, the Chair requested a review of the September 8, 2017 draft meeting minutes.

Deborah Hankerd made a motion to approve the minutes. Lisa O'Neill seconded the motion. The motion passed unanimously.

Loving Someone Who Has Dementia: A Video Discussion Series for Family Caregivers

Addison Diehl, Volunteer for DUET, Partners in Health & Aging, provided an overview of Finding Meaning and Hope – video discussion series being offered for family caregivers. According to Mr. Diehl, the program is a free peer-led program based on the book, Loving Someone Who Has Dementia: How to Find Hope While Coping with Stress and Grief by Pauline Boss, and offers real promise to reduce stress and build resilience. Discussion included ways agencies and organizations throughout Arizona could help and/or become involved.

1. Help find space to hold trainings
2. Become a trained facilitator (4 hour training)
3. Participate in an online pilot

Copies of handouts provided are available for review at the Governor's Advisory Council on Aging office.

Review and discussion – 2018 AICC objectives

Past Chair and 2017 Vice Chair, Becky Brimhall helped facilitate a brief discussion on the six AICC objectives approved by GACA for 2018. The presentation by Addison Diehl was cited as the kick off to advocacy for caregivers as part of Objective #2. Deborah Hankerd shared interest in helping host a Virtual Dementia Tour® and possibly a Dementia Friends session in Tombstone as part of Objective #1. Christine Bryson-Lazo reminded the group that information was still needed for Maricopa transportation options to be able to finish the fact sheets and post with the others done last year.

Discussion around AICC-related future agendas items or topics

Ideas for future agenda items or topics -

- Honor Health Caregiver Bill of Rights
- Dementia Friends training through AzHHA
- Education on workforce development
- Caregiver concerns about being prepared to take loved one home and care for them after hospitalization

Report out & discussion – AICC-related research, conferences, workshops, seminars, training opportunities, best practices or related items

- Becky Brimhall reported Dementia Friendly Tempe will be a part of the Zoo Walk in April; according to Ms. Brimhall, people to participate in the walk and sponsors to fund the event are being recruited.
- Lisa O'Neill reported the UA Arthritis Center's 16th Annual Living Healthy With Arthritis Conference will be on Saturday, January 27 at the Banner – University Medical Center Tucson, DuVal Auditorium from 9:00 a.m. to 4:00 p.m.

- Linda Arters reported the American Society on Aging conference is in San Francisco March 26-29.

Adjourn – AICC Chair, Diane Joens adjourned the meeting at 1:49 p.m.

All meeting materials are available for review at the Governor's Advisory Council on Aging (GACA) Office.

NEXT MEETING: The next meeting is scheduled for March 2, 2018; time and location to be announced by public meeting notice posted at the GACA website <http://govtrans.az.gov/gaca/>. These meetings are open to the public.