



## GOVERNOR'S ADVISORY COUNCIL ON AGING

### Meeting Minutes

**Committee/Group:** AGING IN COMMUNITY COMMITTEE - (AICC)

**Date:** May 4, 2018

**Time:** 12:45 a.m. – 1:45 p.m.

**Venue Address:** Arizona State Capitol – Executive Tower  
Third Floor Conference Room  
1700 W. Washington Street  
Phoenix, AZ 85007

**GACA and Committee Members Present**

GACA Members: Becky Brimhall (AICC Chair), Belinda Akes, Carol Brown, George Evanoff, Mary Hamway, Deborah Hankerd, Teri Kennedy, Lee Olitzky, Bob Roth, Steve Wagner, C.T. Wright

AICC: Linda Arters, Ted Evertsen, Cindy Findley, Michele Michaels, Elaine Poker-Yount, Abigail Polito Hawkins, Karen Richards, Karen Stegenga

**GACA Members Absent**

Ellen Kirschbaum, Barbara Marshall, Lisa O'Neill, David Spelich

**Presenter**

Cindy Findley, Arizona Caregiver Coalition

**GACA Staff**

Lizette Cordero and Cathy De Lisa

**Welcome & introductions, review & approval of March 2, 2018 Draft Minutes**

AICC Chairwoman Becky Brimhall called the meeting to order at 12:47 p.m. Following a welcome and introductions, the Chairwoman requested a review of the March 2, 2018 draft meeting minutes. *Carol Brown made a motion to approve the minutes; C.T. Wright seconded the motion. The motion passed without opposition.*

### **Arizona Caregiver Coalition**

Ms. Cindy Findley from the Arizona Caregiver Coalition provided the history, purpose and updates of the coalition. According to Ms. Findley, the Arizona Caregiver Coalition is a community-based, 501(c) 3 organization that was founded to support and advocate for family caregivers in Arizona. The coalition was developed through the Governor's Advisory Council on Aging and serves a mandated role as part of the Arizona Lifespan Respite Program. The Coalition plays a vital role in facilitating and improving collaboration among nonprofits, government entities, and for profit enterprises. The Coalition is committed to caregivers of any type regardless of the medical reason for the caregiving role.

Ms. Findley noted the Adult Day Health Centers (ADHC) respite program provides a place where care recipients can be nurtured, stimulated, and receive medical care while caregivers receive a break from caregiving. The kick-off of a pilot continuing education and training series for five individuals with intellectual developmental disabilities to become direct care workers was announced. Ms. Findley also provided information on the recent Caregiver Day at the Capitol and the presentation of the first David Besst (memorial) awards to Bonnie Danowski and Lois Van Halle for their inspiration and advocacy efforts.

### **Review and discussion – 2018 AICC objectives**

Technology – Aging 2.0 Update

Mr. Bob Roth reported on attending the Aging2.0 Caregiving Forum on May 1, 2018 in San Francisco as one of the members of a professional caregiver panel who shared their first-hand experience working day-to-day providing care to seniors. Mr. Roth also provided a video about emerging technology to help improve overall quality of life for the elderly and disabled as presented at Aging2.0. <https://www.youtube.com/watch?v=fqMC9xXV-eo&authuser=0>

### **Discussion around AICC-related future agenda items or topics**

Bob Roth suggested alcoholism in seniors as a topic in the future.

### **Report out & discussion – AICC –related research, conferences, workshops, seminars, training opportunities, best practices or related items**

- Becky Brimhall reported participation in the third annual Dementia Friendly Tempe Summit and the Dementia Friendly Zoo Park Walk in April.
- Karen Richards reported the Arizona Falls Prevention Coalition will be holding a Falls Prevention Symposium on October 26, 2018 from 9:00 am to 3:00 p.m. at the Honor Health Cowden Center in Phoenix, AZ.
- Elaine Poker-Yount reported a Memory Café is now open every first and third Monday of the month from 9:30 a.m. to 11:00 a.m. at Sun Lakes United Methodist Church in Sun Lakes, AZ.

All meeting materials and distributed handouts are available for review through the Governor's Advisory Council on Aging (GACA) office.

### **Adjourn**

AICC Chairwoman, Becky Brimhall adjourned the meeting at 1:54 p.m.

**NEXT MEETING:** The next meeting is scheduled for July 13, 2018 at 12:45 p.m.; location to be announced by public meeting notice posted at the GACA website <http://govtrans.az.gov/gaca/>. These meetings are open to the public.