

GOVERNOR'S ADVISORY COUNCIL ON AGING

Meeting Minutes

<u>Committee:</u> AGING IN COMMUNITY COMMITTEE - (AICC)

Date: September 6, 2019

<u>Time:</u> 12:45 a.m. – 1:44 p.m.

<u>Venue Address:</u> Arizona State Capitol – Executive Tower Third Floor Conference Room 1700 W. Washington Street Phoenix, AZ 85007

GACA and Committee Members, Guests Present

Carol Brown (AICC Chair), Belinda Akes, Deborah Hankerd, Lisa O'Neill, AICC: Brenda Holt, Johanna Glover-Uriri, Jutta Ulrich, Karen Stegenga, Roxanne Thomas

GACA Members Absent

Barbara Marshall, Bob Roth, Lee Olitzky, David Spelich, John Stiteler, Steve Wagner

GACA Staff

Lizette Cordero

Welcome, introductions, review & approval of July 12, 2018 Draft Minutes and Marketing Committee Meeting Minutes from March 1, 2019

AICC Chair, Carol Brown, called the meeting to order at 12:45 p.m. Following a welcome and introductions, Committee Chair Brown requested a review of the July 12, 2019 draft meeting minutes. *Deborah Hankerd a motion to approve the minutes as presented; Belinda Akes seconded the motion. The motion passed by the following roll call vote: Deborah Hankerd-aye, Lisa O'Neill-aye, Carol Brown-aye, Belinda Akes-aye.*

GACA Chair O'Neill decided to approve the Marketing Committee Meeting Minutes at the 11:00 a.m. GACA Meeting earlier in the day.

Discussion: 2020 objective recommendations for Annual Planning Meeting consideration

Committee Chair, Carol Brown, requested ideas/recommendations for possible 2020 objectives, a conversation ensued and the following topics were suggested for consideration:

- Homelessness
 - Justa Center owner is selling the building and ASU is looking to purchase for possible housing. More facilities offering overnight stays are needed.
 - Hospitals being used as hotels and increase/rise in suicide attempts within aging veterans.
- Affordable senior housing has become an issue due to the rising cost of housing
- GACA can assist with educational presentations at meetings and/or suggest as discussion topics to the Community and Legislative Partners on Aging group.
- Prescription drugs being donated to Veterinarians for animals and concerns on the ownership and disposal of medications.
- Workforce development for seniors. Who is doing what with regard to Caregiver Certification?
- AARP representative offered to conduct presentations, as agenda items, on the "Prescription Drug Campaign" to lower cost of prescription drugs and "Prepare to Care" related to Advance Directives. AARP representative stated these presentations could potentially take place in March 2020.
- Increase awareness and importance on the end of life conversation and Advance Directive.
 - Cultural issues regarding end of life conversation. The conversation among the Indian Nations can be viewed as elders wishing to die.
- Transportation for seniors, especially in rural areas.
- Suicide prevention efforts concerning older adults.
- Council Chair O'Neill reminded Committee Chair Brown that AICC is required to have objectives related to Alzheimer's disease and related disorders.

Committee Chair Brown requested any additional suggestions/thoughts for 2020 AICC Objectives please be emailed to gaca@az.gov prior to the November 1, 2019 GACA Planning Meeting.

Discussion: 2019 objectives and potential future agenda items

Committee Chair, Carol Brown, confirmed all 2019 AICC objectives have been met for this committee.

<u>Report out & discussion on AICC related research, conferences, workshops, seminars, training opportunities, best practices, or related items</u>

Carol Brown reported:

- Multiple Alzheimer's Southwest Chapter Walks: Green Valley/Sahuarita, Las Vegas, Phoenix, Prescott, Sierra Vista, Tucson Vere Valley, West Valley and Yuma. Committee Chair Brown mentioned flyers for each walk with more details were available at the meeting resource table.
- Representative Jennifer Longdon and Representative Timothy Dunn have formed an Ad Hoc Committee on Abuse and Neglect of Vulnerable Adults. Ms. Brown stated she

attended the first Ad Hoc Meeting with GACA Marketing Committee Chair, Steve Wagner, on August 20, 2019. Ms. Brown invited interested parties to attend the next meeting taking place on September 17, 2019 at the Capitol in House Hearing Room 1. The meetings are approximately three hours long.

- Never Too Old Conference taking place on October 29, 2019 at the Desert Willow Conference Center, 4340 E. Cotton Center Blvd., Phoenix, AZ. Registration is required at www.azpha.wildapricot.olrg/event-3436558. Flyer available at the meeting resource table with more details.
- Fall Prevention Awareness Day on September 23, 2019 from 10:00 a.m. to 3:00 p.m. at the Kingman Community Center. Flyer available at the meeting resource table with more event details.
- Annual Stand Up to Falls Symposium on September 27, 2019 from 8:00 a.m. to 4:00 p.m. at First Christian Church, Phoenix, AZ. Flyer available at the meeting resource table with more event details.
- Brenda Holt (AARP) reported:
 - AARP is hosting Annual Day of Service targeting veterans and taking place at the Veterans Hospital on October 12, 2019. The event is free of charge to veterans.
 - Beatitudes bimonthly Aging Breakfast will take place on October 9, 2019 at the Beatitudes facility.
 - AARP is partnering with FSL on the Jamboree of Joy Uplifting the Caregiving Journey free events. Flyer will be forwarded to the GACA office with more details and distribution.
 - AARP partnering with the Area Agency on Aging, Region One offering Aging Mastery Classes from October 2 – December 4, 2019. Registration is required at <u>www.aaaphx.org</u> and <u>HealthyLiving@aaaphx.org</u> Flyer will be forwarded to the GACA office with more details and distribution.

All meeting materials are available for review through the Governor's Advisory Council on Aging (GACA) office.

<u>Adjourn</u>

AICC Committee Chair, Carol Brown, adjourned the meeting at 1:44 p.m.

<u>NEXT MEETING</u>: The next meeting of the Aging in Community Committee of the Governor's Advisory Council on Aging to be determined and announced by public meeting notice posted at the GACA website <u>https://aging.azgovernor.gov/</u>. These meetings are open to the public.